Retrospective analysis of 45 cases of localized retroperitoneal Castleman disease from a single center

Jian-Qiang Tang, He-Kai Chen, Xin Wang, Ming-Yue Wang, Yan Xiong, He Wang, Yin-Mo Yang

Original Article

Background: Castleman disease (CD) is a rare lymphoproliferative disease characterized by high heterogeneity in clinical manifestation and prognosis. This study aimed to summarize clinical features of localized retroperitoneal CD and our experiences to improve the diagnosis and treatment of this disease.

Methods: Clinical data of 45 patients with localized retroperitoneal CD were retrospectively analyzed. The differences in clinical features between groups with and without paraneoplastic pemphigus (PNP) were compared. Survival was analyzed between groups depending on whether complicating with PNP, bronchiolitis obliterans (BO), gender, age and uni-centric CD (UCD)/multi-centric CD (MCD), respectively.

Results: Significant differences were observed between patient groups in the prevalence of retroperitoneal CD with PNP complicated with BO (P=0.010), the constituent ratios of initial symptoms (P<0.001) and the duration from appearance of the initial symptoms to being diagnosed (P=0.009). Among 45 cases, 43 tumors had clear margins and intact envelops and were completely resected, 40 patients were cured or significantly relieved, 3 patients were not significantly relieved, 2 patients received palliative surgical therapy and eventually relapsed and died after surgery. There were significant differences in the survival rate between groups depending on complication with BO, gender and age (≤40 and >40 years) (all P<0.05).

Conclusions: Prompt and complete removal of the retroperitoneal CD tumor is critical to the management of this disease, as palliative resection tends to cause relapse and lead to a poor prognosis. Retroperitoneal CD patients with PNP may develop complications from BO leading to death. Complication with PNP, complication with BO, male gender and age ≥40 years were identified as prognostic risk factors for patients with localized retroperitoneal CD.

Keywords: Giant lymph node hyperplasia; retroperitoneal; paraneoplastic pemphigus (PNP); surgical resection

Submitted Jan 07, 2019. Accepted for publication Apr 25, 2019.
doi: 10.21037/hbsn.2019.05.05
View this article at: http://dx.doi.org/10.21037/hbsn.2019.05.05

Introduction

Castleman disease (CD), also known as giant lymph node hyperplasia, was first reported by Castleman in 1956 (1). CD is a rare lymphoproliferative disease and the exact etiology remains unclear. However, there have been few reports on retroperitoneal CD due to its peculiar location and low morbidity, and the literatures are mostly limited to case reports (2-7).

Since the first case of CD with paraneoplastic pemphigus (PNP) was definitely diagnosed and cured through multidisciplinary collaboration in 1999 in our hospital, we have received 27 cases of retroperitoneal CD with PNP in our department up to date. In this study we analyzed the clinical data, including clinical manifestations, laboratory tests, biological behaviors, surgical strategies and survival,
to summarize the clinical features of retroperitoneal CD, aiming to increase the recognition of retroperitoneal CD, especially in patients with PNP, and improve its diagnosis and treatment.

**Methods**

**Subjects**

Data of 45 patients with retroperitoneal CD who were treated in the Department of General Surgery of Peking University First Hospital between September 1993 and March 2017 were collected and retrospectively studied. Diagnoses of CD of all cases were confirmed by pathological examination of preoperative or postoperative lymph node biopsies. PNP was diagnosed by the Department of Dermatology in our hospital based on histological results of cutaneous or mucosal lesion biopsies. After treatments, patients were regularly followed up by phone or through outpatient clinics until June 2018. The Ethics Committee of Peking University First Hospital approved the use of the records of all corresponding patients.

**Statistical analysis**

Data following normal distribution were shown as mean ± standard deviation, and those following a skewed distribution were shown as median (interquartile range/Q). Enumeration data were shown as percentages. t-test, rank sum test, and χ² test were used to compare differences between groups. Kaplan-Meier and log-rank tests were used to analyze survival. Statistical significance was defined as P<0.05. SPSS 20.0 was used to perform statistical analyses.

**Results**

**Baseline characteristics**

The cases included 22 males and 23 females (1:1.04), with a mean age of 34.3±12.4 years (range: 16–61 years). The patients were divided into two groups depending on whether complicated with PNP, and differences between groups were analyzed (Table 1).

**Manifestations**

The initial symptoms of all cases included an abdominal mass, cutaneous and/or oral mucosal lesions, abdominal distension and celialgia. The main initial symptom of patients without PNP was an abdominal mass (13/18, 72.2%), with no fever, celialgia or rashes observed. Severe cutaneous and/or oral mucosal lesions (including erosions, ulcers, blisters and rashes) were the initial symptoms of patients complicated with PNP (27/27, 100%). The difference in the constituent ratio of initial symptoms between the two groups was significant (P<0.001). Initial symptoms emerged earlier in patients complicated with PNP than those without PNP (median duration from finding initial symptoms to diagnosis: 5.0 vs. 1.5 months, P=0.009).

Of the patients with PNP, 10/27 (37.0%) presented with at least one of the following: cough, asthma, pulmonary infection or embolism. Imaging and ventilation function tests showed severe stenosis of the bronchial lumens, seriously impaired ventilatory function of the terminal bronchus and alveoli, and declined respiratory function, patients were finally diagnosed with bronchiolitis obliterans (BO), while no complications from BO emerged among patients without PNP (0 vs. 37.0%, P=0.010).

**Auxiliary examinations**

Total 25 patients were evaluated for serum tumor markers, including carcinoembryonic antigen (CEA), carbohydrate antigen 19-9 (CA19-9), carbohydrate antigen 242 (CA242), and alpha fetoprotein (AFP), and 13 patients (54.2%) showed an increase in at least one of the above. Of those, 33.3% (3/9) of the patients without PNP and 68.8% (11/16) with PNP showed abnormal results, while there was no significant difference between the groups (P=0.15). Abdominal ultrasound and computed tomography (CT) examinations were performed in all patients. The ultrasonic images showed the tumors as round or lobulated and hypechoic with calcifications that could be partially observed. Color Doppler imaging showed rich local (locally rich) blood flow signals, and the vasa vasorum could be seen at the tumor margin. Characteristics of CT images included round or lobulated masses with a clear boundary and uniformed density and no necrosis, cystic changes or bleeding in the nidus. Radial low-density areas in the nidus or dendritic calcification in the center were found in 10 cases (22.2%). CT images of one the patients were shown in Figure 1.

**Treatments**

Surgical resections of the tumors were performed on all
the 45 cases. Operations were performed by laparotomy under general anesthesia. Median operation duration was 150.0 min (45–599 min, Q=130.8 min). Locations of the tumors were confirmed by CT to assist accurate incision of tumors in operation. Of the 45 tumors, 43 showed little adhesion to adjacent organs and tissues and were easily removed, while 2 were not resected completely due to their invasive growth into adjacent organs and tissues. One of the 2 patients had received a laparotomy in another hospital before admitting to our hospital and the tumor was failed to remove. During the operation in our hospital, the tumor was confirmed to be located in the right iliac fossa with a maximum diameter of 15.0 cm. The right ureter was expanded because of the tumor’s pressure, and

<table>
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<tr>
<th>Table 1 Comparison of CD patients with and without PNP</th>
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<td>Female</td>
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<td>Age (years)</td>
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<td>Tumor location (cases)</td>
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<td>Para-kidney</td>
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<td>Pelvic cavity</td>
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<td>Others</td>
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<td>Tumor size (cm)</td>
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<td>Pathological type (cases)</td>
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<tr>
<td>Hyaline vascular</td>
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<td>Plasmacytic</td>
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<td>Mixed</td>
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<td>Tumor marker (cases)</td>
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<tr>
<td>Normal</td>
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<tr>
<td>High</td>
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<td>Complicated with BO (cases)</td>
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<td>Duration from finding initial symptoms to diagnosis (months)</td>
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CD, Castleman disease; PNP, paraneoplastic pemphigus; BO, bronchiolitis obliterans; UCD, uni-centric CD; MCD, multi-centric CD.
the right external iliac artery was also invaded. The mass was fractured and the fragments were successively resected inside the peplos. There was 1,200 mL intra-operative bleeding as the tumor blood supply was quite rich. The maximum diameter of the other patient’s tumor was 10.0 cm, and it was located in the left iliac fossa at the level of the bifurcation of iliac vessels. The external iliac artery and veins were covered inside, and most of the tumor was finally resected.

In terms of tumor locations, 40.0% (18/45), 37.8% (17/45) and 22.2% (10/45) of the tumors were located in the perirenal tissue, in the pelvic cavity and in other places, respectively. The tumors were solid, with a median maximum diameter of 7.0 cm (3.0–16.0 cm, Q=3.0 cm), and all tumors had an intact peplos. The sections of the tumors presented as grayish yellow or fish-like structures. The tumors’ blood supply was rich, and vasa vasorum and varicose veins could be observed.

Postoperative pathologic sections were reviewed and recorded by pathologists. There were 38 hyaline-vascular variants, 2 plasmacytic variants and 5 mixed variants, and the difference in constituent ratios was not significant between the groups with and without PNP (P=0.217) (Table 1).

**Outcomes**

Of the 18 cases without PNP, 17 were completely cured, and one patient died of pulmonary infection 15 days after the operation. Of the 27 cases with PNP, 25 were significantly relieved of the cutaneous and mucosal lesions after surgical resection of the tumor, although 3 of these patients died 1 month later and 1 patient relapsed 2 months later. The rest two patients with PNP were not apparently relieved of the cutaneous and mucosal symptoms and kept receiving corticosteroid therapy.

However, among the 25 cases with PNP who were significantly relieved of the cutaneous and mucosal lesions, localized recurrences happened in 2 cases where the tumors were palliatively removed. Mucosal erosions and cutaneous rashes re-emerged 32 months after the resection in 1 of these 2 cases, and CT examination showed a mass with a maximum diameter of 1.5 cm in the left iliac fossa. The pathologic result was reported as “localized recurrence of retroperitoneal CD”, and the patient died of respiratory failure 54 months after the operation. The other patient died during the second operation, 2 months after the initial operation.

All patients were followed up by phone or through outpatient clinics regularly until June 2018. The median follow-up time was 21.0 months (0.5–150.0 months). Four patients were lost to follow-up. One patient with PNP complicated from BO complained about cough and dyspnea, as did another with PNP but without a diagnosis of BO. Two patients with PNP were still suffering from cutaneous and mucosal lesions. One patient without PNP complained of a decline in immunity and increased susceptibility to viral infection. Nine patients died during the follow-up, including the two who relapsed. Clinical data

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Figure 1 CT scans showed a mass with an intact peplos located in the right pelvic cavity, and calcification was observed inside the mass. CT, computed tomography.
of the 9 patients who died were shown in Table 2. The rest cases were completely cured and remained healthy.

There were 7 males and 2 females among the 9 patients who died. The mean age of these patients was 41.7±16.6 years, and the median survival time was 6 months (0.5–54.0 months, Q=13 months). Of these patients, 88.9% (8/9) were complicated with PNP, and 66.7% (6/9) were complicated with BO. Among the 3 cases not diagnosed with BO, one showed typical symptoms of BO and died before the diagnosis was confirmed.

All 9 patients died of disorders of the respiratory system. Although one patient died of septicemia, the infection in the peripheral circulation was actually caused by a long-term respiratory infection. The only one deceased patient without PNP died from a pulmonary infection, which was caused by continuous complications from myasthenia gravis.

Patients with and without PNP had a median survival time of 17.0 months (Q=33 months) and 41.5 months (Q=57.3 months), respectively. All cases without PNP (18/18, 100.0%) were UCDs and 22/27 (81.5%) cases with PNP were UCDs. Kaplan-Meier analysis showed that the 5-year survival rates of the groups with and without PNP were 64.2% and 94.0%, respectively. All Log-rank method was used to compare the differences in survival rates between the groups based on complications with PNP, gender, and age. Differences are significant in survival between the 3 pairs based on BO, gender and age (Figure 2), while the differences between groups based on complication with PNP and UCD/MCD were not significant (P=0.062, 0.181).

### Discussion

Generally, multicentric Castleman disease (MCD) has been reported more often than unicentric Castleman disease (UCD) because the former has a more symptomatic presentation related to a series of disciplines, including hematology, nephrology, neurology, and dermatology, and shows a much worse prognosis than UCD (8-10). Survival analysis showed patients of MCD had a shorter survival than those of UCD in our study, while the difference was not significant, that may be caused by bias out of small sample size and case loss during follow-up. However, the prognosis for UCD can be much worse when complicated with PNP. In our study, 60.0% (27/45) of cases had PNP, remarkably different from that (1/113, 0.9%) reported in a recent study of 113 cases of CD (11). The difference may be caused by ethnic variations between the studies.

Up to 80% of all retroperitoneal tumors are malignant, and the hypervascular tumor and invasive growth to adjacent organs and tissues in some cases of CD may result in misdiagnosis (12). The manifestations and features of imaging described in our study could help to make a correct diagnosis, although pathological diagnosis is the gold standard of confirmation.

Tumors of localized retroperitoneal CD without PNP present as biologically benign, with intact peplos covered, and the tumors are easy to resect. For those with PNP, due to the large areas of cutaneous and mucosal lesions, it is better to give large intravenous doses of gamma globulin preoperatively to neutralize the antibodies in blood to...
control the cutaneous lesions and ensure the safety of anesthesia and the integrity of the incision. Meanwhile, patients tend to display varying degrees of weight loss, electrolyte disturbance and hypoalbuminemia due to a long period of lower nutrition intake caused by severe erosions of the oral mucosa. In these patients, it is necessary to supplement electrolytes, fresh blood plasma and albumin and give parenteral nutrition support depending on the patient’s status. Blood gas analysis and pulmonary function should be tested preoperatively for those with BO to determine the pulmonary function reserve. In addition, antibiotics and glucocorticoids are recommended to control pulmonary infection if necessary.

Generally, tumors of retroperitoneal CD are benign, and patients can be completely cured through surgical resection. For most patients with PNP in our study, the rashes gradually vanished within one week, and there was relief of the mucosal lesions. Thus, complete resection of the tumor for localized retroperitoneal CD is an important factor for patient’s long-term survival, while palliative resection tend to lead to relapse and a much worse prognosis. Our results are similar to previous studies regarding the poor prognosis in CD patients complicated with BO (15-17). Multidisciplinary (especially dermatology) management is necessary for the treatment of CD with PNP.

The exact pathogenesis of CD leading to BO remains elusive, although it is known to be related to autoimmune response. Severe inflammation of the bronchus epithelium; destruction, reconstruction, fibrosis and stenosis of the bronchus; and limitations of alveolar ventilation lead to respiratory failure. Wang et al. showed that specific B cell clones were present in CD tumors, which could produce antibodies that recognized the antigens expressed in stratified squamous epithelia and transitional columnar epithelia. Thus immune response plays a key role in the development of BO (18). Understanding the pathogenesis of BO in CD with PNP could help develop effective therapies and improve the survival rate of these patients.

The literature has demonstrated the crucial role of HHV-8 and IL-6 in the pathogenesis of CD, and antiviral

Figure 2  Survival analyses of the patients by the Kaplan-Meier method. (A-E) showed differences between groups with and without PNP (P=0.062), BO (P<0.001), based on gender (P=0.037) and age ≤40 years and >40 years (P=0.003), UCD and MCD (P=0.181), respectively. PNP, paraneoplastic pemphigus; BO, bronchiolitis obliterans; UCD, uni-centric Castleman disease; MCD, multi-centric Castleman disease.
therapy and neoadjuvant therapy targeting IL-6 (e.g., siltuximab) have emerged as a focus of CD therapy (19-21). Our analysis of 2 patients who received palliative resection, finally relapsed and died indicates that adjuvant therapies may represent a potential treatment for those patients whose tumors are difficult to remove completely.

Even though the difference in survival rates between groups with and without PNP was not significant in our study (P=0.062), we still considered that patients with PNP may have a worse prognosis than those without PNP because the incidence of complication with BO was significantly higher in patients with PNP, and 60.0% (6/10) of cases with BO died due to BO in our study. The non-significant results may have been caused by the small sample size in our study.

Acknowledgments

Funding: This study was funded by the National Natural Science Foundation of China (No. 81272710), and we thank all the patients those were enrolled in our study.

Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was approved by the Ethics Committee of Peking University First Hospital.

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